

# JONATHAN D. LAMM, PH.D.

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## EDUCATION

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August 2014	<b>Ph.D. Clinical Psychology - Child Track</b> St. John's University Queens, New York (APA Accredited)
March 2012	<b>M.A., Clinical Psychology - Child Track</b> St. John's University Queens, New York (APA Accredited)
May 2009	<b>B.A., Psychology <i>Suma Cum Laude</i></b> Yeshiva University New York, New York

## SPECIALIZED TRAINING SEMINARS AND WORKSHOPS

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July 2014	Prolonged Exposure Therapy foundational training given by Laurie Zandberg, Ph.D.
March 2014	Dialectical Behavior Therapy Intensive Training given by Behavioral Tech. Trainers: Adam Payne, Ph.D., Sara Reynolds, Ph.D.
August 2013 – August 2014	Dialectical Behavior Therapy Training Seminar given by Dr. Essie Larson, Ph.D.
July 2012	Trauma-Focused Cognitive-Behavioral Therapy certification through the National Child Traumatic Stress Network's online course and a two-day clinical training program at St. John's University given by Elissa Brown, Ph.D.
November 2009	New York State Training in "Identification and Reporting of Child Abuse and Maltreatment," Sponsored by St. John's University

## HONORS AND AWARDS

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2009 – 2012	Doctoral Fellowship, St John's University
2006 – 2009	Dean's List, Yeshiva University
2008 – 2009	Lifschitz Scholarship, Yeshiva University
2007 – 2008	Grosberg Scholarship, Yeshiva University

## SUPERVISED CLINICAL TRAINING

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August 2013 – August 2014	<b>Psychology Intern</b> <b>Trinitas Regional Medical Center (APA Accredited)</b> Supervisors: Fawn McNeil-Haber, Ph.D., Essie Larson, Ph.D., Lucy Esralew, Ph.D., Rodger Goddard, Ph.D. <i>Elizabeth, New Jersey</i> <ul style="list-style-type: none"><li>• Provide evidence-based psychological interventions for underserved children, adolescents, and adults in hospital-based outpatient clinic including: DBT, TF-CBT, exposure therapy, behavioral parent training, and cognitive behavioral treatments for OCD, anxiety disorders, and depression</li><li>• Implement DBT for adolescents and adults with borderline personality disorder, suicidality, and self-injurious behaviors, involving: individual</li></ul>
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therapy, skills training groups, DBT team consultation, and supervision by psychologist intensively trained in DBT

- Treat adolescents living in residential treatment center with significant suicidal ideation, histories of physical and sexual abuse, delinquent behaviors, and juvenile sex-offenders, including: cognitive and behavioral individual, group, and family therapy, and case management with New Jersey state services
- Conduct thorough psychological, neuropsychological, and psycho-educational evaluations on children, adolescents, and adults in both outpatient and inpatient settings (Tests administered: WISC-IV, WAIS-III, WASI-II, WIAT-III, WMS-IV, FAS, Animal Naming, Boston Naming Test, D-KEFS, CVLT-II, MMPI-II, MCMI-II, PIY, Rorschach, TAT, other projective measures)
- Receive several hours of individual supervision weekly and attend weekly seminars in DBT, adult therapy, child therapy, group therapy, and assessment

July 2012 – June 2013

**Psychology Extern – Adolescent Inpatient Track  
Bellevue Hospital Center**

Supervisors: M. Cevdet Tosyali, M.D., Kathryn Kavanaugh, Ph.D.,  
J. Rebecca Weis, M.D.

*New York, New York*

- Administer individual cognitive behavioral psychotherapy on an acute inpatient psychiatric unit for adolescents aged 12 - 17 displaying severe psychopathologies including psychosis, suicidality, depression, self-harm, mania, anxiety, and conduct disorder
- Lead manualized trauma-focused CBT group for unit residents aimed at improving children's skills in coping, communication, and affective regulation
- Work closely with physicians, nurses, and social workers in treatment planning and administration
- Attend weekly journal discussion group exploring the latest research relevant to specific cases on the unit
- Attend weekly child psychiatry grand rounds, and extern didactic seminars

September 2012 – June 2013

**Trauma-Focused CBT Clinical Practicum  
The Child HELP Partnership (PARTNERS Program)  
St. John's Center for Psychological Services**

Supervisor: Dr. Elissa J. Brown, Ph.D.

*Queens, New York*

- Participate in clinical practicum of victims of trauma and abuse, and their non-offending caregivers for The Child HELP Partnership Program, a site of the National Child Traumatic Stress Network (NCTSN)
- Attend weekly group supervision for cognitive behavioral and trauma related interventions and including the use of case presentations and audio-recorded sessions
- Awarded certification in Trauma-Focused Cognitive-Behavioral Therapy through participation in an online course (provided by NCTSN and the Medical University of South Carolina) and a two-day clinical training program (directed by Dr. Elissa Brown as part of the NCTSN at St. John's University)

- September 2011 – June 2012 **Psychology Extern - Inpatient and Child Outpatient Track**  
**Queens Hospital Center**  
 Supervisors: Scott Meyers, Psy.D, Eliza Kraznowska, Ph.D,  
 Ellen Palgi, Ph.D.  
*Queens, New York*
- Provide individual psychotherapy for clients suffering from severe psychopathologies on an acute inpatient psychiatric unit; as well as children with behavioral and mood disorders in an outpatient clinic
  - Co-lead outpatient social and emotional skills group for middle-school children with behavioral and emotional difficulties; co-lead inpatient psychotherapy group, focusing on symptom management, medication compliance, daily hospital life, and general emotional and psychological distress;
  - Administer and report personality and neuropsychological assessment batteries on children and adults suffering from ADHD, OCPD, anxiety, and mood disorders
  - Tests Administered: WISC-IV, WIAT-III, MMPI-II, MCMI-II, CAARS, CPT-II, WJ-III, NEPSY-II, D-KEFS, FAS, CVLT-II, Rey Complex Figure, Purdue Pegboard, Trails A & B and Boston Naming
  - Attend weekly psychiatry department grand rounds, psychology department seminars, extern didactic seminars, and individual supervision
- June 2011 – June 2012 **Psychology Extern - Neuropsychological Assessment Track**  
**Mount Sinai School of Medicine – Brain Injury Research Center**  
 Supervisor: Kristen Dams-O’Conner, Ph.D.  
*New York, New York*
- Administer neuropsychological assessment measures to individuals with traumatic brain injuries currently or previously engaged in therapeutic interventions, as part of a research and treatment outcome initiative
  - Tests Administered: Behavioral Assessment of Dysexecutive Syndrome, WAIS-III, WASI, HVLIT, Auditory Consonant Trigrams, Trails A & B, Stroop, Symbol Digit Modality Test, and the Short Category Test
- September 2010 – July 2012 **Cognitive Behavioral Clinical Psychotherapy Practicum**  
**St. John’s University Center for Psychological Services**  
 Supervisors: Andrea Bergman, Ph.D., Frank Patalano, Ph.D.  
*Queens, New York*
- Provide weekly cognitive behavioral psychotherapy and collateral parent sessions for children and adults suffering from anxiety, depression, and behavioral disorders
  - Implement successful programs in behavior modification, social skill development, and emotional identification
  - Participate in weekly in vivo supervision
- September 2010 – May 2011 **Psychoeducational Assessment Practicum**  
**St. John’s University Center for Psychological Services**  
 Supervisor: Barry Blank, Ph.D.  
*Queens, New York*
- Perform comprehensive psychoeducational assessment batteries on individuals with learning disabilities and other educational challenges, determining diagnoses and proper recommendations

- Tests Administered: WISC-IV, WAIS-IV, WPPSI-III, WIAT-III, WRAT-IV, PPVT-IV, CELF-IV, HTP, Bender Visual-Motor Gestalt Test Draw-A-Man, TAT
- Participate in weekly in vivo supervision

September 2009 – May 2010

**Cognitive Behavioral Therapy Intake Practicum**  
**St. John's University Center for Psychological Services**

Supervisor: Alice Pope, Ph.D.

*Queens, New York*

- Conducted thorough cognitive behavioral intake evaluations of children with varying disorders and their parents, diagnosing and referring clients to appropriate resources
- Tests Administered: K-SADS-PL, BASC-II
- Participated in weekly in vivo supervision

**RELATED CLINICAL EXPERIENCE**

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May 2010 – August 2010

**Summer Extern**

**Advanced Neuropsychology Services, PC**

Supervisor: David Layman, Ph.D., ABPP

*New York, New York*

- Performed extensive neuropsychological evaluations on individuals with dementia, Alzheimer's, and TBI
- Participated in and observed individual and group psychotherapy of adults and seniors with dementia Alzheimer's, and TBI
- Tests Administered: RBANS, DRS-II, Trail Making Test, MoCA, WCST-64, BSI-18, WTAR, WASI, WMS-II, RCFT, CVLT-II, FAS, Animals, SDMT, Grooved Pegboard, PAI, D-KEFS, BNT

Summers 2007 and 2008

**Program Assistant**

**NYU Child Study Center, Summer Program for Kids**

Supervisor: Karen Fleiss, Psy.D.

*Lake Success, New York*

- Implemented extensive behavior modification program for 13 children with ADHD (6-8 years old), devising individualized programs for children
- Received daily supervision with clinicians and psychiatrists
- Created and oversaw recreational and therapeutic programs for the children and collected and analyzed extensive behavioral data

September 2007 – May 2008

**One-On-One Paraprofessional**

**Aaron School / NYU Child Study Center**

Supervisor: Suzi Naguib, Psy.D.

*New York, New York*

- Shadowed 8-year-old child with PDD, ADHD, and speech delays in class, implementing behavioral intervention and social skills training program

**RESEARCH EXPERIENCE**

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March 2012 – December 2013

**Doctoral Dissertation (Defended December 2013)**

**St. John's University Department of Psychology**

Supervisor: Alice Pope, Ph.D.

*Queens, New York*

- Dissertation topic: cognitive and affective expectations of rejection as they relate to behavioral outcome in children and adolescents

- August 2010–March 2012     **Master’s Thesis** (Completed March 2012)  
**St. John’s University Department of Psychology**  
 Supervisor: Alice Pope, Ph.D.  
*Queens, New York*
- Thesis topic: rumination as a mediator between social stressors and depression in children and adolescents
- September 2009 – June 2013     **University Doctoral Fellow/Graduate Assistant**  
**St. John’s University Department of Psychology**  
 Supervisor: Alice Pope, Ph.D.  
*Queens, New York*
- Collaborate with department faculty on psychological research projects and publications in the area of childhood social development
  - Conduct data analyses and present results to faculty members
- August 2006 – May 2009     **Research Assistant**  
**Yeshiva University Department of Psychology**  
 Supervisor: Dr. Jenny Isaacs  
 New York, New York
- Created and administered research questionnaires in the area of Social Cognitive Learning Theory
  - Collected, inputted, and analyzed data for several on-going studies
  - Worked closely with the department head developing and carrying out research projects
  - Presented poster at Columbia University Undergraduate Research Symposium

### **POSTERS/PUBLICATIONS**

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**Lamm, J.**, Kornhauser, Z. From Self-Efficacy and Outcome Expectations to Research Career Interests. Poster presented at Columbia University Undergraduate Research Symposium. New York, New York. April, 2008.

### **HONORS AND AWARDS**

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2009 – 2013	Doctoral Fellowship, St John’s University
2006 – 2009	Dean’s List, Yeshiva University
2008 – 2009	Lifschitz Scholarship, Yeshiva University
2007 – 2008	Grosberg Scholarship, Yeshiva University

### **PROFESSIONAL MEMBERSHIP**

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New York State Psychological Association (NYSPA), Student Member

### **REFERENCES**

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**Essie Larson, Ph.D.**  
 DBT Program Director  
 Trinitas Regional Medical Center, 655 E. Jersey St, Elizabeth, NJ 07206  
 Telephone: 908-994-7536; email: elarson@trinitas.org

**Fawn McNeil-Haber, Ph.D.**

Licensed Psychologist, Child and Adolescent Outpatient Unit  
Trinitas Regional Medical Center, 655 E. Jersey St, Elizabeth, NJ 07206  
Telephone: 908-242-3634; email: [connect@drfawn.com](mailto:connect@drfawn.com)

**M. Cevdet Tosyali, MD**

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Bellevue Hospital Center, NYU School of Medicine  
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