

Clare Smith Gaskins, PhD

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EDUCATION

Undergraduate	B.A., Wesleyan University, Middletown, Connecticut, May 1999 Sociology, American Studies
Graduate	M.A., University of Delaware, Newark, Delaware, May 2008 Psychology Ph.D., University of Delaware, Newark, Delaware, August 2010 Clinical Psychology
Internship	Alfred I. duPont Hospital for Children, Wilmington, Delaware August 2009 – August 2010
Fellowship	New York Presbyterian Hospital - Columbia University Medical Center, New York, New York September 2010 – June 2011
NYS Licensure	License Number: 019492 Issued February 2012

CLINICAL EXPERIENCE

Clinical Psychologist

Metropolitan Center for Cognitive Behavior Therapy, New York, New York

May 2011 – Present

- Specialize in the delivery of cognitive behavioral interventions to children, adolescents, and adults presenting with anxiety and related disorders.

Clinical Psychologist

New York Presbyterian Hospital – Columbia University Medical Center, Division of Child and Adolescent Psychiatry, New York, New York

June 2011 – Present

- Serve as Team Leader for Tic, Tourette's and Related Disorders subspecialty clinic. Manage census and waitlist. Lead weekly team meeting. Provide didactics.
- Deliver empirically supported interventions to children, adolescents and adults.
- Supervise social work externs, psychology interns and psychiatry fellows in the delivery of individual and group CBT interventions for anxiety, OCD, depression, tic disorders and trichotillomania.
- Lead weekly CBT group intervention for anxious adolescents.

- Develop and present professional development seminars to clinical staff and trainees (e.g., CBT for OCD).

Postdoctoral Fellow in Clinical Child Psychology

New York Presbyterian Hospital – Columbia University Medical Center, Division of Child and Adolescent Psychiatry, New York, New York

September 2010 – June 2011

- *Child Anxiety and Depression Clinic*: Delivered empirically supported interventions to children and adolescents presenting with anxiety and mood disorders.
- *Tourette Syndrome Clinic*: Member of Tourette Syndrome team composed of psychiatrists, social worker, and psychology extern. Conducted comprehensive diagnostic evaluations for children and adults presenting with tic and tic-related disorders. Delivered empirically supported interventions for children and adults to treat tic disorders and co-occurring disorders including ADHD and OCD.
- *Special Needs Clinic*: Delivered individual psychotherapy to children, adolescents, and adults in clinic serving families affected by HIV. Coordinated care with medical and social service providers. Co-facilitated weekly group intervention for children ages 11-13.
- *Neuropsychological Evaluations*: Conducted comprehensive neuropsychological evaluations for children and adolescents diagnosed with cognitive/learning, language, behavioral, mood, and thought disorders.
- *Diagnostic Assessment*: Conducted intake and KSADS semi-structured diagnostic interviews with parents and children and adolescent patients presenting with internalizing and externalizing disorders.

Predoctoral Pediatric Psychology Intern

Alfred I. duPont Hospital for Children, Division of Behavioral Health, Wilmington, Delaware

August 2009 – August 2010

- *Pediatric Psychology Outpatient Clinic*: Provided child clinical and pediatric outpatient services to children and adolescents presenting with anxiety, mood, autism spectrum and disruptive behavior disorders.
- *Evaluations*: Conducted psychological and neuropsychological evaluations for children and adolescents (ages 5 -16) diagnosed with cognitive/learning, language, attention, behavioral, mood/anxiety, and autism spectrum disorders.
- *School Consultation*: Provided consultation to teachers and administrators at a child development center serving at-risk, predominantly Latino youngsters. Conducted classroom observations, coached teachers in classroom management approaches, and provided education to staff and parents on issues related to child development and mental health concerns. Provided referrals for evaluation and therapy.
- *Behavior Consultation Clinic*: Provided short-term therapy to families of children ages 2-7 years addressing behavioral and developmental concerns such as noncompliance, aggression, sleep difficulties, toileting and feeding concerns.
- *Consultation/Liaison*: Provided consultation to pediatric subspecialists around health-related behavioral concerns including psychogenic symptom presentation, mood disorders and behavioral disorders.
- *Primary Care*: Delivered brief psychological interventions to children, adolescents, and families in primary care setting. Consulted with primary care providers regarding emotional and behavioral concerns of patients.

Psychology Extern

Kennedy Krieger Institute at Johns Hopkins University School of Medicine, The Child and Family Therapy Clinic, Baltimore, Maryland

September 2008 – June 2009

- Provided outpatient systemic and cognitive-behavioral family therapy to predominately low income families with children and adolescents whose primary diagnoses include disruptive behavior disorders, ADHD, mood disorders, and cognitive/learning disabilities.

Psychology Extern

Children's Hospital of Philadelphia, Adolescent HIV Initiative, Philadelphia, Pennsylvania

September 2007 – August 2008

- Provided counseling and mental health services to adolescents living with HIV who access medical care at the Adolescent HIV Initiative, one of 15 sites selected as a Clinical Trials Unit for the NIH-sponsored Adolescent Trials Network (ATN).

Psychology Extern

Children's Hospital of Philadelphia, Behavioral Health in Urban Schools Program, Philadelphia, Pennsylvania

September 2007 – June 2008

- Conducted comprehensive psychoeducational evaluations and generated assessment reports for children presenting with symptoms of ADHD as part of a NIMH-funded study intended to improve the accuracy of ADHD diagnosis among Latino and White children living in low income urban settings.

Psychology Extern

Psychological Services Training Center, University of Delaware, Newark, Delaware

February 2006 – August 2007

- Provided individual and family psychotherapy to children and adult clients with presenting problems including social anxiety, depression, and oppositional defiant disorder.
- Performed educational and diagnostic testing to identify children and adults with learning disabilities, ADHD, pervasive developmental disorders, mood disorders, and anxiety disorders.

RESEARCH EXPERIENCE

Research Assistant

Alfred I. duPont Hospital for Children, Wilmington, Delaware

May 2008 – September 2008

- Assisted with data collection for NIH-funded project investigating self-management and adherence to Type 1 diabetes treatment during early adolescence.
- Conducted home and lab visits with children and their caregivers.
- Completed medical chart reviews.
- Communicated with on-site medical staff and off-site research coordinators.

Principal Investigator, Dissertation

University of Delaware, Newark, Delaware

February 2008 – August 2009

Title: Classroom Environment and Student Learning: Classroom-Level Effects on Achievement Trajectories in Late Elementary School

- Designed study examining the effects of classroom environment on the achievement trajectories of 893 elementary school students.
- Responsible for communicating with district administrator and building principals, teacher recruitment, study design, and data collection.
- Aided in ethics approval and development of web-based surveys to be used with elementary school students and teachers.
- Managed and analyzed multi-level data.
- Successfully defended dissertation August 2009.

Data Analyst*Christina School District, Wilmington, Delaware*

September 2006 – August 2009

- Coordinated data collection with students and teachers on school climate, teacher-student relations, peer relations, and psychosocial factors related to school functioning and achievement.
- Conducted data analysis to investigate student-level and classroom-level correlates of student achievement trajectories.
- Presented survey results to school district administrators and principals.
- Created individualized school reports of student, parent, and staff surveys on school climate, school satisfaction, and academic standards for all elementary, middle, and high schools within the District.

Graduate Research Assistant*University of Delaware, Parent-Teen Project, Principal Investigator: Roger Kobak, Ph.D., Newark, Delaware*

August 2005 – August 2009

- Involved in data collection for large NIMH-funded project investigating attachment and risk in early adolescence among a low-income sample.
- Administered intensive interview protocols with high-risk parent-adolescent dyads in home and laboratory setting.
- Supervised undergraduate research assistants and project staff.
- Advised undergraduate students on individual research projects and thesis research.
- Responsible for data management and analyses using large longitudinal data set.

HONORS & AWARDS

- New York Presbyterian Falcon Award, Fall 2010
- Fiorito Fund Travel Award from the University of Delaware, Psychology Department, Spring 2009
- Dissertation Award, University of Delaware, Psychology Department, Spring 2008
- AERA Adolescence and Youth Development SIG Graduate Student Travel Scholarship, Spring 2008
- Travel Award from University of Delaware, Psychology Department and Department of Graduate Studies for conference travel Spring 2007, 2008, & 2009
- Competitive Research Fellow, University of Delaware, Psychology Department, Fall 2006

PUBLICATIONS

Sweeney, M., Levitt, J., Westerholm, R., **Gaskins, C.**, & Lipinski, C. (2013). Psychosocial treatment of anxiety disorders across the lifespan. In S.P. Stahl & B. A. Moore (Eds.). *Anxiety disorders: A guide for integrating psychopharmacology and psychotherapy*. (71 - 94). New York: Routledge.

Gaskins, C.S., Herres, J. & Kobak, R. (2012). Classroom order and student learning in later elementary school: A multilevel transactional model of achievement trajectories. *Journal of Applied Developmental Psychology, 33*, 227-235.

Kobak, R., Herres, J., **Gaskins, C.**, & Laurenceau, JP. (2012). Teacher-student interactions and attachment states of mind as predictors of early romantic involvement and risky sexual behaviors. *Attachment and Human Development, 14*, 289-303.

- Bear, G.G., **Gaskins, C.**, Blank, J. & Chen, F. (2010). The Delaware School Climate Survey-Student: Its reliability, factor structure, and concurrent validity. *Journal of School Psychology, 49*, 157-174.
- Radcliffe, J., Doty, N., Hawkins, L.A., **Gaskins, C.S.**, Beidas, R., & Rudy, B.J. (2010). Stigma and sexual health risk in HIV-positive African American young men who have sex with men. *AIDS Patient Care and STDs, 24*, 493-499.
- Ackerman, B., **Smith, C.**, & Kobak, R. (2009). Diversity in the school problems of economically disadvantaged adolescents: Dual pathways of reading and externalizing problems. *Social Development, 18*, 597-617.
- Kobak, R., Zajac, K., & **Smith, C.** (2009). Adolescent attachment and trajectories of hostile-impulsive behavior: Implications for the development of personality disorders. *Development and Psychopathology, 21*, 839-851.
- Ackerman, B.P., Izard, C.E., Kobak, R.R., Brown, E. D., & **Smith, C.** (2007). The longitudinal relation between reading problems and internalizing behavior in school for preadolescent children from economically disadvantaged families. *Child Development, 78*, 581-596.
- Bear, G.G., Yang, C., Pell, M. & **Gaskins, C.** (in press). Validation of a brief measure of teacher perceptions of school climate: Relations to student achievement and suspensions.

PRESENTATIONS

- Beidas, R.S., Hawkins, L.A., Doty, N.D., **Smith, C.**, & Radcliffe, J. *Experienced trauma among sexual minority African-American HIV positive youth*. Poster presentation at the annual meeting of the International Society for Traumatic Stress Studies, Atlanta, GA, November 2009.
- Smith, C.**, Kobak, R.R., & Stazesky, P. *Student- and classroom-level effects on learning: A multilevel model of achievement trajectories in late elementary school*. Paper presentation at the annual meeting of the American Educational Research Association, San Diego, CA, April 2009.
- Smith, C.**, Hawkins, L., Radcliffe, J. & Rudy, B. J. *Experienced stigma and challenged myths: Perspectives of African-American adolescent males living with HIV who have sex with men*. Poster presentation at the biennial meeting of the Society for Research on Child Development, Denver, CO, April 2009.
- Smith, C.**, Kobak, R.R., Herres, J., & Ackerman, B.P. *Moderating effects of economic disadvantage on the association between home environment factors and achievement trajectories*. Poster presentation at the biennial meeting of the Society for Research on Child Development, Denver, CO, April 2009.
- Herres, J., Ackerman, B.P., Kobak, R.R., & **Smith, C.** *Developmental antecedents of school externalizing and achievement problems for economically disadvantaged children*. Poster presentation at the biennial meeting of the Society for Research on Child Development, Denver, CO, April 2009.
- Smith, C.**, Kobak, R.R., & Stazesky, P. *The effects of disruptive behavior and peer victimization on achievement growth in late elementary school*. Paper presentation at the annual meeting of the American Educational Research Association, New York, NY, March 2008.

Smith, C., Ackerman, B.P., & Kobak, R.R. *Diversity in the school problems of economically disadvantaged adolescents: Dual pathways of reading and externalizing behavior*. Poster presentation at the biennial meeting of the Society for Research on Adolescence, Chicago, IL, March 2008.

Rosenthal, N., Kobak, R., Zajac, K., & **Smith, C.** *Adolescent attachment hierarchies: Developmental patterns and implications for adjustment*. Poster presentation at the biennial meeting of the Society for Research on Adolescence, Chicago, IL, March 2008.

Smith, C., Ackerman, B.P., & Kobak, R.R. *The longitudinal relation between reading problems and internalizing behavior for economically disadvantaged children*. Poster presentation at the biennial meeting of the Society for Research in Child Development, Boston, MA, March 2007.

Smith, C., Kobak, R.R., & Ackerman, B.P. *Gender as a moderator of early school achievement on externalizing outcomes among economically disadvantaged adolescents*. Poster presentation at the biennial meeting of the Society for Research in Child Development, Boston, MA, March 2007.

TEACHING EXPERIENCE

Graduate Teaching Assistant

University of Delaware, Department of Psychology, Newark, Delaware

August 2005 – May 2009

- Provided in-class assistance for: Measurement & Statistics, Research Methods, Child Development, Developmental Psychology, Research in Personality, Psychology of Human Sexuality, and Field Placement.
- Responsible for grading homework assignments, papers, oral presentations, and exams; tutoring individual students on course material; advising student groups on research projects; and developing website for field placement course.
- Developed and led lectures on personality disorders, intellectual assessment, and sexual coercion.

PROFESSIONAL EXPERIENCE

Director, Corporate and Foundation Relations

Phoenix House, New York, New York

April 2001 – August 2005

- Researched and wrote grant proposals for leading therapeutic community substance abuse treatment provider.
- Collaborated with program staff and clinicians to implement privately funded programs and capital projects.
- Developed stewardship reports and program evaluations for foundations and corporations.
- Conducted quality improvement assessments of Phoenix House programs.
- Managed strategic planning process to redesign Phoenix Academies which integrate residential treatment with on-site high schools for criminal justice-involved youth.

Project Manager

Criminal Justice Institute, Inc., Middletown, Connecticut

June 1999 – April 2001

- Researched, wrote and edited grant proposals, surveys and reports as well as the *Corrections YearbookTM*, a compilation of national data about corrections.
- Coordinated grant research projects for the National Institute of Corrections regarding prison workforce issues and institutional culture.
- Managed collaborative project with the Council on State Governments to develop policy recommendations for the treatment of offenders with mental illness.
- Served as a member of the Criminal Justice/Mental Health Consensus Project and Re-Entry Policy Council Steering Committees.

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

American Psychological Association
Association for Behavioral and Cognitive Therapies