

Karen Shoum Teel, Ph.D.
Licensed Clinical Psychologist

Contact Information:

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Academic Training:

2002 B.A., Barnard College, Columbia University, Major: Psychology; Minor: Sociology
2003 M.A., Teachers College, Columbia University, Developmental Psychology
2008 M.S., Teachers College, Columbia University, Clinical Psychology
2010 M.Phil., Teachers College, Columbia University, Clinical Psychology
2011 Ph.D., Teachers College, Columbia University, Clinical Psychology

License: New York State; Psychology; Number 019629; Expires 05/15.

Traineeship:

2005-2008 Student Therapist, Dean Hope Center for Educational & Psychological Services
Teachers College, Columbia University, New York, NY

2008-2009 Predoctoral Psychology Extern, Women's Health Project
St. Luke's Hospital, New York, NY

2009-2010 Predoctoral Psychology Intern, Adolescent Health Center
Mount Sinai Hospital, New York, NY

2011-present Postdoctoral Clinical Fellow, Department of Child and Adolescent Psychiatry
New York State Psychiatric Institute, Columbia University, New York, NY

Academic Appointments:

2011-present Adjunct Assistant Professor in Psychology
Department of Counseling & Clinical Psychology
Teachers College, Columbia University, New York, NY

Clinical Practice

2012-present Psychologist, Metropolitan Center for Cognitive-Behavior Therapy
Michael Sweeney, Ph.D., Director
New York, NY

Academic Experiences and Responsibilities:Teaching/Academics

- 2001-2002 President, Barnard College Psychology Society
Barnard College, Columbia University, New York, NY
- 2006-2007 Student Interviewer, Department of Counseling and Clinical Psychology
Teachers College, Columbia University, New York, NY
- 2007 Teaching Assistant, Cognitive-Behavioral and Interpersonal Therapies
Doctoral level class; Instructor: Helen Verdeli, Ph.D.
Teachers College, Columbia University, New York, NY
- 2007-2008 Student Liaison, Student-Faculty Meetings,
Teachers College, Columbia University, New York, NY
- 2007-2008 Graduate Assistant, 3rd International Conference, International Society of Interpersonal
Psychotherapy (ISIPT), Teachers College, Columbia University, New York, NY
- 2008 Teaching Assistant, Introduction to Cognitive-Behavioral Therapy
(MA level class; Instructor: Helen Verdeli, Ph.D.)
Teachers College, Columbia University, New York, NY
- 2011-present Adjunct Assistant Professor, Introduction to Applied Psychology
Teachers College, Columbia University, New York, NY

Research

- 2003-2005 Research Assistant, NIMH-funded R01 study (PI: Suniya Luthar, Ph.D.)
Yale University, New Haven, CT
- 2006-2008 Research Assistant, NIMH-funded K23 Award study, (PI: Helen Verdeli, Ph.D.)
New York State Psychiatric Institute, Columbia University, New York, NY
- 2006-2008 Lab Coordinator, Helen Verdeli, Ph.D.,
Teachers College, Columbia University, New York, NY

Clinical

- 2000 Volunteer, Partial Hospitalization Program,
Baldwin Counseling Center, Baldwin, NY
- 2002 Volunteer, AHRC Central Park Early Learning Center
New York, NY

Academic Presentations:

- 2011 Presenter/Discussant: Loss and Agency in Women's Depression. American
Psychological Association (APA) Convention, 2011. Washington, D.C.

Other Professional Activities:

- 1998-2001 Editorial Board Member, *Barnard Bulletin*, Barnard College, Columbia University
- 2005-2007 Editorial Board Member, *Teachers College Graduate Student Journal of Psychology*, Teachers College, Columbia University
- 2007 Guest Reviewer, *International Journal of Mental Health*

Honors:

- 2001 Dean's List, Barnard College, Columbia University
- 2001 Barnard Student Leadership Award, Barnard College, Columbia University
- 2002 Dean's List, Barnard College, Columbia University
- 2002 Barnard Student Leadership Award, Barnard College, Columbia University
- 2003 Kappa Delta Pi nomination, Teachers College, Columbia University
- 2007 Jodi Lane Scholarship Fund Award Recipient, Teachers College, Columbia University
- 2008 Jodi Lane Scholarship Fund Award Recipient, Teachers College, Columbia University

Professional Organizations and Societies:

- American Psychological Association (APA)
- New York State Psychological Association (NYSPA)
- NYSPA Organization of Future Psychologists (NOFP)
- International Society of Interpersonal Psychotherapy (ISIPT)

Bibliography:**PEER REVIEWED ARTICLES:****2006**

1. Luthar, S.S., **Shoum, K.A.**, Brown, P.J.: Affluent adolescents' extracurricular commitments: A scapegoat for "ubiquitous achievement pressures"? *Developmental Psychology* 2006; 42(3): 583-597.

2007

2. Chaudhury, S.A., **Shoum, K.A.**: Interpersonal Psychotherapy for Adolescents: What has the research taught us so far? *Teachers College Graduate Student Journal of Psychology* 2007; 9: 33-37.

2011

3. ***Shoum, K.**, Verdeli, H., Wickramaratne, P., Warner, V., Talati, A.: Impact of a father figure on children of families at high risk for depression. *Social Psychiatry and Psychiatric Epidemiology* (manuscript submitted).

2013

4. **Teel, K.S.**, Verdeli, H., Neugebauer, R.: Grief and depression following miscarriage: Unique and shared correlates and patterns of change at six months postloss.. (manuscript under preparation).

CHAPTERS AND BOOKS:**2008**

1. Mufson, L., Verdeli, H., Clougherty, K., & **Shoum, K.** (2008). How to use Interpersonal Psychotherapy for depressed adolescents (IPT-A). In J.M. Rey & B. Birmaher (Eds.) *Treating Childhood Depression*. Baltimore: Lippincott, Williams, & Wilkins.